OneEquals

# Grams to Ounces Chart

Kitchen weights, 1 g to 1 kg

`oz = g × 0.03527396195`

| Grams (g) | Ounces (oz) | Pounds + ounces |
|---|---|---|
| 1 | 0.04 | — |
| 2 | 0.07 | — |
| 5 | 0.18 | — |
| 10 | 0.35 | — |
| 15 | 0.53 | — |
| 20 | 0.71 | — |
| 25 | 0.88 | — |
| 30 | 1.06 | — |
| 40 | 1.41 | — |
| 50 | 1.76 | — |
| 60 | 2.12 | — |
| 70 | 2.47 | — |

| Grams (g) | Ounces (oz) | Pounds + ounces |
|---|---|---|
| 75 | 2.65 | — |
| 80 | 2.82 | — |
| 90 | 3.17 | — |
| 100 | 3.53 | — |
| 110 | 3.88 | — |
| 125 | 4.41 | — |
| 150 | 5.29 | — |
| 175 | 6.17 | — |
| 200 | 7.05 | — |
| 225 | 7.94 | — |
| 250 | 8.82 | — |
| 275 | 9.70 | — |

| Grams (g) | Ounces (oz) | Pounds + ounces |
|---|---|---|
| 300 | 10.58 | — |
| 350 | 12.35 | — |
| 400 | 14.11 | — |
| 450 | 15.87 | — |
| 454 | 16.01 | 1 lb 0.0 oz |
| 500 | 17.64 | 1 lb 1.6 oz |
| 600 | 21.16 | 1 lb 5.2 oz |
| 700 | 24.69 | 1 lb 8.7 oz |
| 750 | 26.46 | 1 lb 10.5 oz |
| 800 | 28.22 | 1 lb 12.2 oz |
| 900 | 31.75 | 1 lb 15.7 oz |
| 1,000 | 35.27 | 2 lb 3.3 oz |